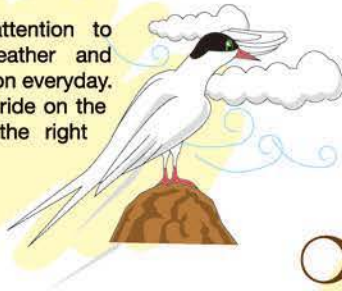


Be prepared to set off

Migratory birds initiate a mass movement to evade the cold weather and shortage of food before the winter arrived. They move to warmer places and spend the winter there. Actually, they have to get prepared before setting off the flight every time. Do you know what do they need to prepare?

Please mark "T" in the spaces adjacent to the correct preparation works and "F" for the incorrect works.

- Pay attention to the weather and wind direction everyday. Set off and ride on the wind with the right direction.



- Elder birds give briefing about the flight path before setting off.



- Bring enough food for the long journey.



- Eat as much as they can and reserve fat for the long journey.



- Keep doing a lot of exercises, so that they are strong for coping with the long flight.



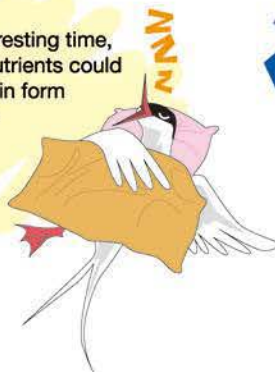
- Bring map and compass along to locate themselves, so that they would not get lost.



- Go on a diet to loose weight, which help to cope with the long flight.



- Increase resting time, so that nutrients could be reserved in form of fat for the long flight.



- Observe the positions of stars, so as to determine the date to set off.

